

# School District of Flambeau

## Local Wellness Policy Report Card | 2020-2021

<p><b>Overall Rating</b></p> <p style="font-size: 2em; color: #0056b3;">2.7</p>	<p>In 2010, the Healthy, Hunger Free Kids Act was passed, which expanded upon previous requirements and included new provisions that place a greater emphasis on the implementation, evaluation, and transparency of local wellness policies. A copy of the School District of Flambeau wellness policy is available at <a href="http://www.flambeau.k12.wi.us">www.flambeau.k12.wi.us</a>. Below you will find a summary of the policy objectives and the results of the most recent evaluation (5/5/2017). The school wellness committee completed the evaluation by scoring the adherence to policy objectives on a four-point scale. For questions regarding the results or for information on joining the wellness committee, contact Erica Schley at <a href="mailto:Erica.schley@flambeauschools.org">Erica.schley@flambeauschools.org</a></p>
<p>Ratings are based on a four-point scale to measure success in meeting/ complying with each objective.</p> <p>0 = objective not met/no activities completed          1 = objective partially met/some activities completed          2 = objective mostly met/multiple activities completed          3 = objective met/all activities completed</p>	

Nutrition Standards for All Foods in School	Rating
All meals meet or exceed current nutrition requirements established under the Healthy Hunger-free Kids Act of 2010.	3
All meals are accessible to all students.	3
Withholding food as a punishment shall be strictly prohibited.	3
All meals are appealing and attractive and served in clean and pleasant settings.	2
Drinking water is available for students during mealtimes.	3
Students are provided at least 10 minutes to eat breakfast and 20 minutes to eat lunch after being seated.	3
All school campuses are “closed” meaning that students are not permitted to leave the school grounds during the school day.	3
Lunch shall be served between 10:55am and 1:00pm.	3
All school nutrition program directors, managers, and staff shall meet or exceed hiring and annual continuing education/training requirements in the USDA professional standards for child nutrition professionals.	3
All food and beverages sold and served outside of the school meal programs (“competitive” foods and beverages) shall, at a minimum, meet the standards established in USDA’s Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule.	3
<i>Comments:</i> The reason a 2 was given for the 4th objective is because the Wellness Committee feels the noise levels are too high during elementary lunch.	

Nutrition Promotion	
Notify parents of the availability of the breakfast, lunch, and summer food programs and shall be encouraged to determine eligibility for reduced or free meals	3
Allow students the opportunity to provide input on menu items	3
Restrict the scheduling of club/organizational meetings during the lunch period unless students are allowed to purchase lunch to be consumed during the meetings	3
Explore the use of nontraditional breakfast service models (such as breakfast in the classroom) to increase breakfast participation.	3
Schools will restrict food and beverage marketing to only those foods and beverages that meet the nutrition standards set forth by USDA’s Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. marketing includes Brand names, trademarks, logos, or tags except when placed on a food or beverage product/container; displays, such as vending machine exteriors; corporate/brand names, logos, trademarks on cups, posters, school supplies, education materials, food service equipment, and school equipment (e.g. message boards, scoreboards, uniforms); advertisements in school publications/mailings; sponsorship of school activities, fundraisers, or sports teams; educational incentive programs such as contests or programs; and free samples or coupons displaying advertising of a product.	3
Non-food celebrations will be promoted and a list of ideas is available to staff and family members.	3
Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and school media.	3
Schools will restrict food and beverage marketing to only those foods and beverages that meet the nutrition standards set forth by USDA’s Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule.	3

<i>Comments:</i>	
<b>Nutrition Education</b>	
The District will offer, at minimum, one family-focused event supporting health promotion (e.g., health fair, nutrition/physical activity open house) each year.	3
Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and school media.	3
Nutrition education shall follow the Wisconsin Department of Public Instruction Model Academic Standards for Nutrition.	2
<i>Comments:</i>	
<b>Physical Education/Activity</b>	
Physical activity during the school day shall not be withheld as punishment. Participation on sports teams may be exempt from this rule if related to failure to meet WIAA or other school codes, e.g. academic or attendance requirements.	3
Outdoor recess shall be offered weather permitting. Students are expected to dress appropriately for the weather conditions. During the winter, hats, mittens, boots, etc., should be worn. Students will be expected to go outside during recess unless weather conditions are unfavorable.	3
District facilities shall be made available to students and community members Open Gym Sunday 6pm - 8pm and Wednesday 6pm - 8pm November 1st - April 30th	3
Opportunities to participate in physical activity shall be promoted throughout the school via Social Media, School Announcements, Newsletters, Flyers	3
• All District elementary students in each grade shall receive at least 80 minutes of physical education per week throughout the school year.	3
• All District middle school students in each grade shall receive at least 100 minutes of physical education per week throughout the school year.	3
• All District high school students are required to receive 1.5 credits of physical education prior to graduation.	3
• All physical education classes are taught by licensed teachers who are certified to teach physical education.	3
<i>Comments:</i>	
<b>Other School Based Wellness Activities</b>	
As appropriate, schools shall support students, staff, and parents' efforts to maintain a healthy lifestyle.	3
The District supports the implementation of other programs that help create a school environment that conveys consistent wellness messages in an effort to promote student well-being.	3
Students shall be allowed to bring and carry throughout the day approved water bottles filled with only water.	3
Staff is strongly encouraged to model healthful eating habits, and are discouraged from eating in front of children/sharing food with children during regular class time, outside of activities related to the nutrition education curriculum.	1
Establishment of peer support groups for weight management, stress management, tobacco-use cessation, family guidance, and other identified issues	3
• Administration of flu shots at school.	3
• Encouragement of staff members to set medical appointments for screening for cancer, heart disease, diabetes, and other diseases.	0

The District shall provide information on how the public can participate in the school wellness committee on an annual basis and will actively inform families and the public about the content of and any updates to the policy through the school newsletter,	3
<i>Comments:</i>	
<b>Policy Monitoring and Implementation</b>	
The Wellness Committee will evaluate compliance with the Wellness Policy no less than once every three years.	3
The District will notify school staff, students, and households/families of the availability of the wellness report via newsletters and website postings.	0
The District wellness policy will be updated as needed based on evaluation results, District changes, emersion of new health science information/technology, and/or new federal or state guidance are issued.	3
<i>Comments:</i>	